The M&M Gratitude Game

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M&M Gratitude Game Directions:

1. Pour a bowl of M&Ms and gather everyone in a circle. Alternately, give each person their own small bag of M&M's with a color key tag.
2. Take turns drawing one candy from the bowl or bag.
3. Match its color to the gratitude prompt.
4. Share your answer—and eat your candy!

M&M GRATITUDE GAME

- NAME A PERSON YOU'RE THANKFUL FOR
- SHARE A HAPPY MEMORY
- SAY SOMETHING IN NATURE YOU'RE GRATEFUL FOR
- TELL ABOUT A PLACE YOU LOVE TO GO
- NAME A FOOD YOU'RE THANKFUL FOR
- YOUR FREE-CHOICE GRATITUDE

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