

Compost List & Life Cycle

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A GUIDE TO COMPOSTING

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Do Compost:

- Fruit and vegetable scraps
- Egg shells
- Grass clippings
- Shredded paper (non-glossy)
- Cardboard
- Twigs, dead leaves
- Paper towels and napkins
- Beans (if buried)
- Grains (if buried)
- Tea bags
- Wood ash
- Nut shells
- Fruit pits

Don't Compost:

- Meat
- Fish
- Eggs (but the shells are ok!)
- Bones
- Baked goods
- Processed foods
- Pet waste
- Plastic or other synthetics
- Weeds that have gone to seed
- Diseased plants
- Charcoal ash
- Produce stickers
- Dryer lint
- Glossy papers



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