

# Preschool Planning Guide from Teach Beside Me

This is your guide to the quick and easy home preschool! It does not have to be hard or expensive!

**Step 1:** Choose the days you want to do school. Preschools are typically 2 days a week for 3-year-olds and 3 days a week for 4-year-olds. I like to keep a similar schedule all days, but do more focused learning time only a couple times per week.

**Step 2:** Set up a daily routine.

**Our typical preschool schedule looks like this:**

- Gathering Time- Includes Calendar, Weather, Learning Songs, Lead in to Topic of the Day
- Learning Time- Follow your chosen lesson plan and have some scheduled learning time including letter learning, writing and other educational activities.
- Hands On Play Time- Educational toys rotated daily. These can include blocks, counting toys, tangrams, puzzles, play dough, etc.
- Snack and Story Time- you have their undivided attention when food is involved!
- Music and Movement- Sing songs together and let them dance and wiggle!
- Craft or Create- Kids love to draw, paint, cut and glue. This does not have to be a big deal, simple is best.

**Step 3:** Choose or create a lesson plan. Don't let this overwhelm you! I often follow a simple letter of the week plan in my house. Look through my Ultimate List of Preschool Curriculum options and see if there is something that fits with your vision. If not, set up a simple plan that does. Simple is best because you will stick to it more easily.

**Step 4:** Use the planning sheets to map out your day, week or month.

Monthly Overview Calendar for \_\_\_\_\_

|                                              |                                               |                                                 |                                                |                                              |
|----------------------------------------------|-----------------------------------------------|-------------------------------------------------|------------------------------------------------|----------------------------------------------|
| <b>Monday</b><br><br>Topic:<br><br>Supplies: | <b>Tuesday</b><br><br>Topic:<br><br>Supplies: | <b>Wednesday</b><br><br>Topic:<br><br>Supplies: | <b>Thursday</b><br><br>Topic:<br><br>Supplies: | <b>Friday</b><br><br>Topic:<br><br>Supplies: |
| <b>Monday</b><br><br>Topic:<br><br>Supplies: | <b>Tuesday</b><br><br>Topic:<br><br>Supplies: | <b>Wednesday</b><br><br>Topic:<br><br>Supplies: | <b>Thursday</b><br><br>Topic:<br><br>Supplies: | <b>Friday</b><br><br>Topic:<br><br>Supplies: |
| <b>Monday</b><br><br>Topic:<br><br>Supplies: | <b>Tuesday</b><br><br>Topic:<br><br>Supplies: | <b>Wednesday</b><br><br>Topic:<br><br>Supplies: | <b>Thursday</b><br><br>Topic:<br><br>Supplies: | <b>Friday</b><br><br>Topic:<br><br>Supplies: |
| <b>Monday</b><br><br>Topic:<br><br>Supplies: | <b>Tuesday</b><br><br>Topic:<br><br>Supplies: | <b>Wednesday</b><br><br>Topic:<br><br>Supplies: | <b>Thursday</b><br><br>Topic:<br><br>Supplies: | <b>Friday</b><br><br>Topic:<br><br>Supplies: |
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Daily Plan for \_\_\_\_\_

Gathering Time

Learning Time

Hands On Time

Snack and Story Time

Music and Movement

Craft or Create

Supplies Needed

Prep Work To Do

Daily Plan for \_\_\_\_\_

Gathering Time

Learning Time

Hands On Time

Snack and Story Time

Music and Movement

Craft or Create

Supplies Needed

Prep Work To Do

## Weekly Preschool Plan

Monday

Topic:

Supplies:

Tuesday

Topic:

Supplies:

Wednesday

Topic:

Supplies:

Thursday

Topic:

Supplies:

Friday

Topic:

Supplies: